



# Youth Family Partners

## Transitions-Mental Health Association

*Inspiring hope, growth, recovery and wellness in our communities.*



WELLNESS • RECOVERY • RESILIENCE

The Youth Family Partner program in San Luis Obispo County works as a team with the families and caregivers of minor children who have emotional and behavioral problems. Family Partners provide support, information, and referrals necessary to improve the quality of life for families and their children. Services are provided in both English and Spanish.

### What Services Are Provided?

- Advocacy, support and education groups
- Interaction with others who have similar challenges
- Orientation for new families entering the mental health system
- Referrals to additional programs and services that can offer assistance
- Information from professional staff who attend regional and statewide meetings on current mental health policies and resources
- Parent Project and Active Parent Classes
- Participation in planning programs and services

### Who can participate?

Families, guardians, and caregivers with a minor child who has special mental health needs.

### How Much Does It Cost?

The Youth Family Partner program is a free service to residents in San Luis Obispo County and is funded by San Luis Obispo County's Department of Behavioral Health and the Mental Health Services Act.

### For more information:

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- Patty Ramirez, SLO & North SLO County: 805-458-2596 (*Se habla Español*)
- Laura Gaisie, SLO & North SLO Coast: 805-503-0009